



Walks from your Railway Station

Community Rail Cumbria – 2020 Calendar



www.communityrailcumbria.co.uk



Check your route on an Ordnance Survey map before commencing your journey. Be prepared with the sturdy boots, waterproofs, drinks, torch, mobile phone and compass. Take extra care in adverse weather conditions. The maps shown are for illustrative purposes only.

January – Walks from the Furness Line
Walk 1 Barrow – Barrow Island – Dockland – Roose

February – Walks from the Cumbrian Coast Line
Walk 2 Maryport circular walk

March – Walks from the Lakes Line
Walk 1 Oxenholme – The Helm

April – Walks from the Furness Line
Walk 6 Kents Bank – Hampsfell – Grange

May – Walks from the Cumbrian Coast Line
Walk 4 St Bees circular walk

June – Walks from the Lakes Line
Walk 4 Staveley – Cowan Head and River Kent

July – Walks from the Furness Line
Walk 4 Ulverston – Conishead – Canal – Ulverston

August – Walks from the Cumbrian Coast Line
Walk 6 Ravenglass circular walk

September – Walks from the Lakes Line
Walk 3 Burneside – Potter Tarn and River Kent

October – Walks from the Furness Line
Walk 2 Roose – Furness Abbey – Dalton

November – Walks from the Cumbrian Coast Line
Walk 7 Millom & Hodbarrow Nature Reserve

December – Walks from the Lakes Line
Walk 5 Windermere – Orrest Head

Thanks to Stakeholders

CRC would like to extend a warm thank you to all the stakeholders and volunteers who support our local railways, the stations, the gardens and the communities. Particular thanks go to the following organisations who directly resource the team and its work:

**Northern • ACoRP • DfT • Network Rail • Direct Rail Services • Sellafield Limited
Windermere Lake Cruises • Cumbria County Council • Allerdale Borough Council
Copeland Borough Council and South Lakeland District Council.**

Let our selection of Walks Leaflets inspire you in 2020 to take the train and enjoy a range of circular walks starting from your station. Our 2020 calendar shows a different walk for every month. Time to get you boots on and explore some of Cumbria's stunning countryside!



Walk

1

6.4 miles
(10½km)
3 hours

**Barrow – Barrow Island –
Dockland – Roose Station**

Station: Barrow-in-Furness

Terrain: Mainly hard pavement
with a grassy bank in section 8

Refreshments: Café in
the station and at the
Dock Museum

Map: OS Explorer OL6 1:25000



For full details of your route see
our **Furness Line Leaflet** on

[www.communityrailcumbria.co.uk/
community-links/walks-and-leaflets](http://www.communityrailcumbria.co.uk/community-links/walks-and-leaflets)



Looking from Walney to Barrow by Lorraine Heavyside



January 2020

1 Wednesday	New Year's Day
2 Thursday	
3 Friday	
4 Saturday	
5 Sunday	
6 Monday	
7 Tuesday	
8 Wednesday	
9 Thursday	
10 Friday	
11 Saturday	
12 Sunday	
13 Monday	
14 Tuesday	
15 Wednesday	
16 Thursday	

17 Friday	
18 Saturday	
19 Sunday	
20 Monday	
21 Tuesday	
22 Wednesday	
23 Thursday	
24 Friday	
25 Saturday	
26 Sunday	
27 Monday	
28 Tuesday	
29 Wednesday	
30 Thursday	
31 Friday	

Walk

2

3 miles
(5km)

2 hours

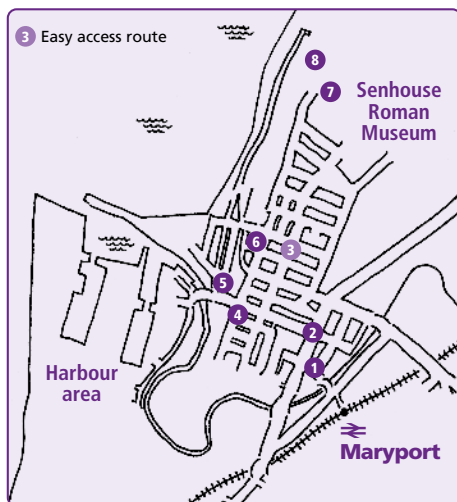
Maryport circular walk

Station: Maryport

Terrain: Mainly level
and optional steps

Refreshments: Senhouse Street
and harbour area

Map: OS Explorer OL4 1:25000



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Maryport Lighthouse by Sue Restan



February 2020

1 Saturday

2 Sunday

3 Monday

4 Tuesday

5 Wednesday

6 Thursday

7 Friday

8 Saturday

9 Sunday

10 Monday

11 Tuesday

12 Wednesday

13 Thursday

14 Friday

15 Saturday

16 Sunday

17 Monday

18 Tuesday

19 Wednesday

20 Thursday

21 Friday

22 Saturday

23 Sunday

24 Monday

25 Tuesday

26 Wednesday

27 Thursday

28 Friday

29 Saturday

Walk

1

2 miles
(3¼km)
1 hour

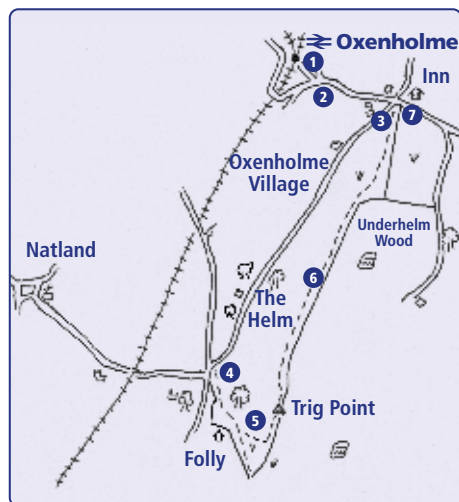
Oxenholme – The Helm

Station: Oxenholme

Terrain: Mainly hilly with level mid-section

Refreshments: Café (in station) and pub

Map: OS Explorer OL7 1:25000



For full details of your route see
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The Helm by Claire Bradshaw



March 2020

1 Sunday

2 Monday

3 Tuesday

4 Wednesday

5 Thursday

6 Friday

7 Saturday

8 Sunday

9 Monday

10 Tuesday

11 Wednesday

12 Thursday

13 Friday

14 Saturday

15 Sunday

16 Monday

17 Tuesday

18 Wednesday

19 Thursday

20 Friday

21 Saturday

22 Sunday

23 Monday

24 Tuesday

25 Wednesday

26 Thursday

27 Friday

28 Saturday

29 Sunday

30 Monday

31 Tuesday

Walk

6

4.8 miles
(7.7km)
2 hours

**Kents Bank – Hampsfell
– Grange**

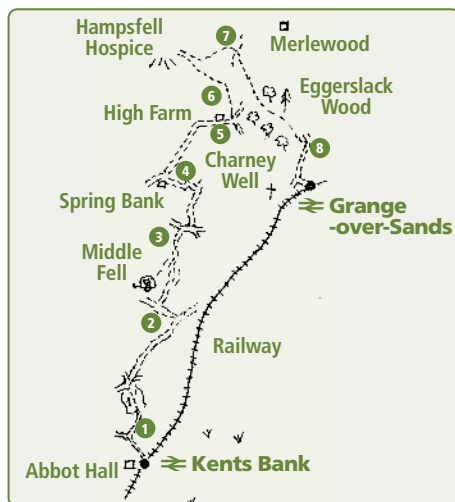
Station: Kents Bank Station

Terrain: Mainly hilly with
woodland and upland ground

Refreshments: Cafés and pub
in Grange-over-Sands

Map: OS Explorer OL7 1:2500

See Station Notice Board for local variations
to the route.



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Eggerslack Wood by John Briggs



April 2020

1	Wednesday	
2	Thursday	
3	Friday	
4	Saturday	
5	Sunday	
6	Monday	
7	Tuesday	
8	Wednesday	
9	Thursday	
10	Friday	Good Friday
11	Saturday	
12	Sunday	Easter Sunday
13	Monday	Easter Monday
14	Tuesday	
15	Wednesday	
16	Thursday	

17	Friday	
18	Saturday	
19	Sunday	
20	Monday	
21	Tuesday	
22	Wednesday	
23	Thursday	
24	Friday	
25	Saturday	
26	Sunday	
27	Monday	
28	Tuesday	
29	Wednesday	
30	Thursday	

Walk

4

3 miles
(5km)
1½ hours

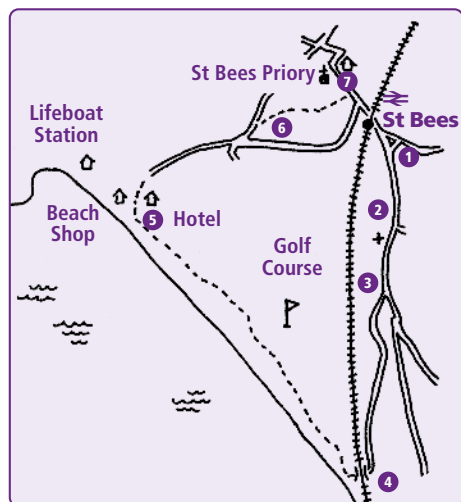
St Bees circular walk

Station: St Bees

Terrain: Steep on the cliff path.

Refreshments: cafés and pubs in the village

Map: OS Explorer OL303
1:25000



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View from St Bees Head by Claire Bradshaw



May 2020

1	Friday	
2	Saturday	
3	Sunday	
4	Monday	
5	Tuesday	
6	Wednesday	
7	Thursday	
8	Friday	VE Day Bank Holiday
9	Saturday	
10	Sunday	
11	Monday	
12	Tuesday	
13	Wednesday	
14	Thursday	
15	Friday	
16	Saturday	

17	Sunday	
18	Monday	
19	Tuesday	
20	Wednesday	
21	Thursday	
22	Friday	
23	Saturday	
24	Sunday	
25	Monday	Spring Bank Holiday
26	Tuesday	
27	Wednesday	
28	Thursday	
29	Friday	
30	Saturday	
31	Sunday	

Walk

4

4.5 miles
(7¼km)
2 hours

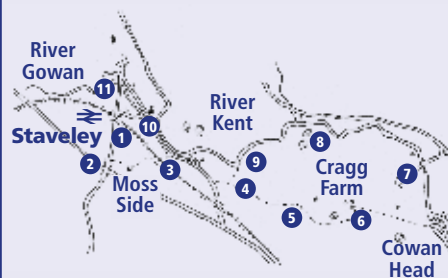
**Staveley – Cowan Head
and River Kent**

Station: Staveley

Terrain: Easy, mainly level

Refreshments: Cafés,
fish & chip shop and pubs

Map: OS Explorer OL7 1:25000



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River Kent by Claire Bradshaw



June 2020

1 Monday

2 Tuesday

3 Wednesday

4 Thursday

5 Friday

6 Saturday

7 Sunday

8 Monday

9 Tuesday

10 Wednesday

11 Thursday

12 Friday

13 Saturday

14 Sunday

15 Monday

16 Tuesday

17 Wednesday

18 Thursday

19 Friday

20 Saturday

21 Sunday

22 Monday

23 Tuesday

24 Wednesday

25 Thursday

26 Friday

27 Saturday

28 Sunday

29 Monday

30 Tuesday

Walk

4

3 miles
(5km)
1½ hours

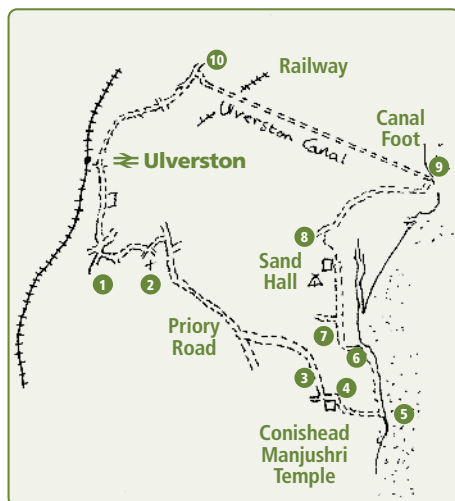
**Ulverston – Conishead
– Canal – Ulverston**

Station: Ulverston

Terrain: Mainly minor roads
with some woodland and
coastal paths

Refreshments: Café at
Conishead Priory, cafés
and pubs in town

Map: OS Explorer OL7 1:25000



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Canal Foot by Ian Bonnell Photography



July 2020

1 Wednesday

2 Thursday

3 Friday

4 Saturday

5 Sunday

6 Monday

7 Tuesday

8 Wednesday

9 Thursday

10 Friday

11 Saturday

12 Sunday

13 Monday

14 Tuesday

15 Wednesday

16 Thursday

17 Friday

18 Saturday

19 Sunday

20 Monday

21 Tuesday

22 Wednesday

23 Thursday

24 Friday

25 Saturday

26 Sunday

27 Monday

28 Tuesday

29 Wednesday

30 Thursday

31 Friday

Walk

6

2½ miles
(4km)

1¼ hours

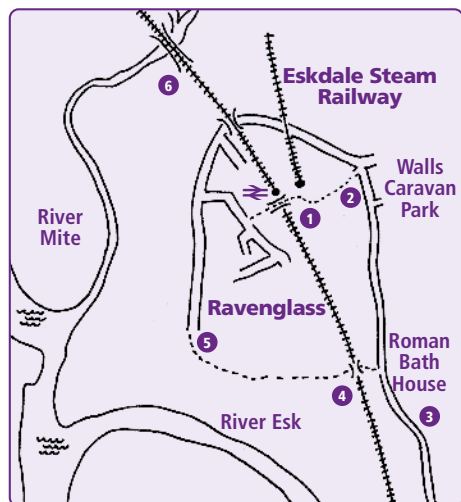
Ravenglass circular walk

Station: Ravenglass for Eskdale

Terrain: Easy, mainly level

Refreshments: Ratty Arms
on the station, Ravenglass
and Eskdale Railway café
and in the village

Map: OS Explorer OL6 1:25000



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Ravenglass Roman Bath House by Claire Bradshaw



August 2020

1	Saturday
2	Sunday
3	Monday
4	Tuesday
5	Wednesday
6	Thursday
7	Friday
8	Saturday
9	Sunday
10	Monday
11	Tuesday
12	Wednesday
13	Thursday
14	Friday
15	Saturday
16	Sunday

17	Monday
18	Tuesday
19	Wednesday
20	Thursday
21	Friday
22	Saturday
23	Sunday
24	Monday
25	Tuesday
26	Wednesday
27	Thursday
28	Friday
29	Saturday
30	Sunday
31	Monday Summer Bank Holiday

Walk

3

6.5 miles
(10.5km)
3 hours

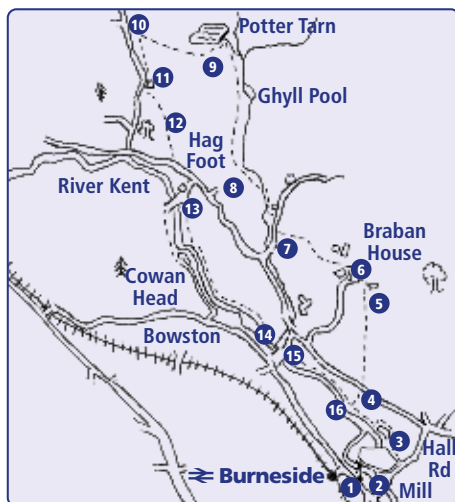
**Burneside – Potter Tarn
and River Kent**

Station: Burneside

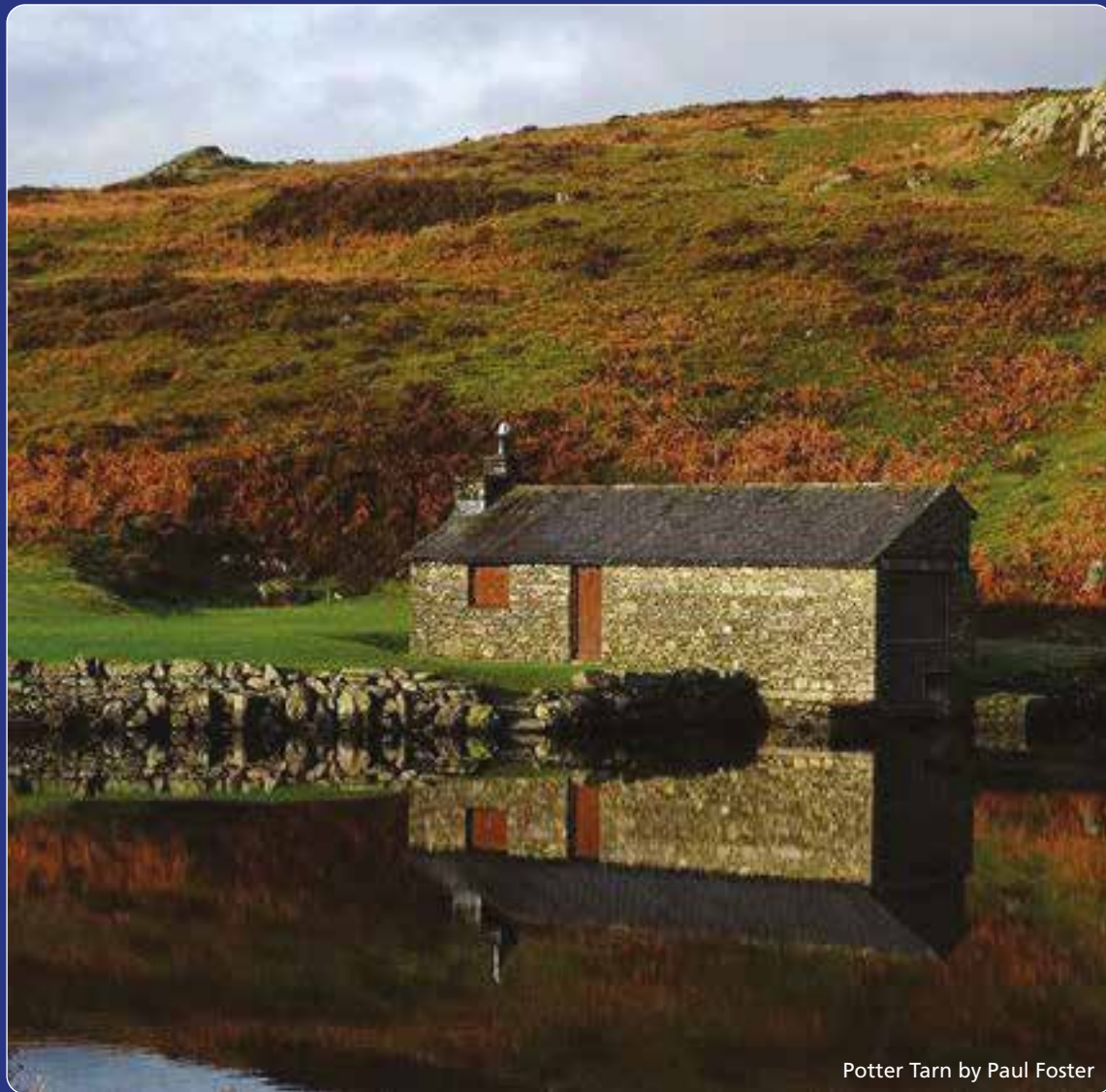
Terrain: Mainly hilly

Refreshments: Pub
and fish & chip shop

Map: OS Explorer OL7 1:25000



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Potter Tarn by Paul Foster



September 2020

1 Tuesday

2 Wednesday

3 Thursday

4 Friday

5 Saturday

6 Sunday

7 Monday

8 Tuesday

9 Wednesday

10 Thursday

11 Friday

12 Saturday

13 Sunday

14 Monday

15 Tuesday

16 Wednesday

17 Thursday

18 Friday

19 Saturday

20 Sunday

21 Monday

22 Tuesday

23 Wednesday

24 Thursday

25 Friday

26 Saturday

27 Sunday

28 Monday

29 Tuesday

30 Wednesday

Walk

2

4.8 miles
(7.7km)

2 hours

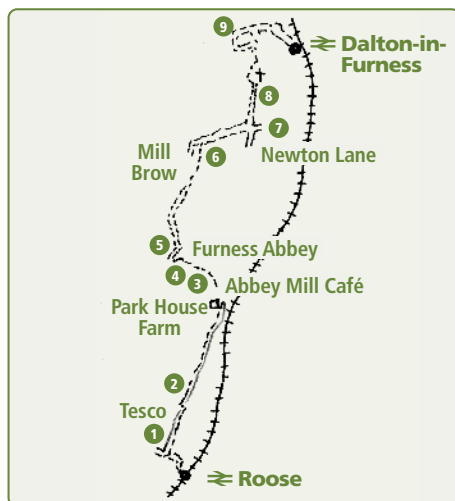
Roose – Furness Abbey – Dalton

Station: Roose Station, on
Roose Road, Barrow-in-Furness

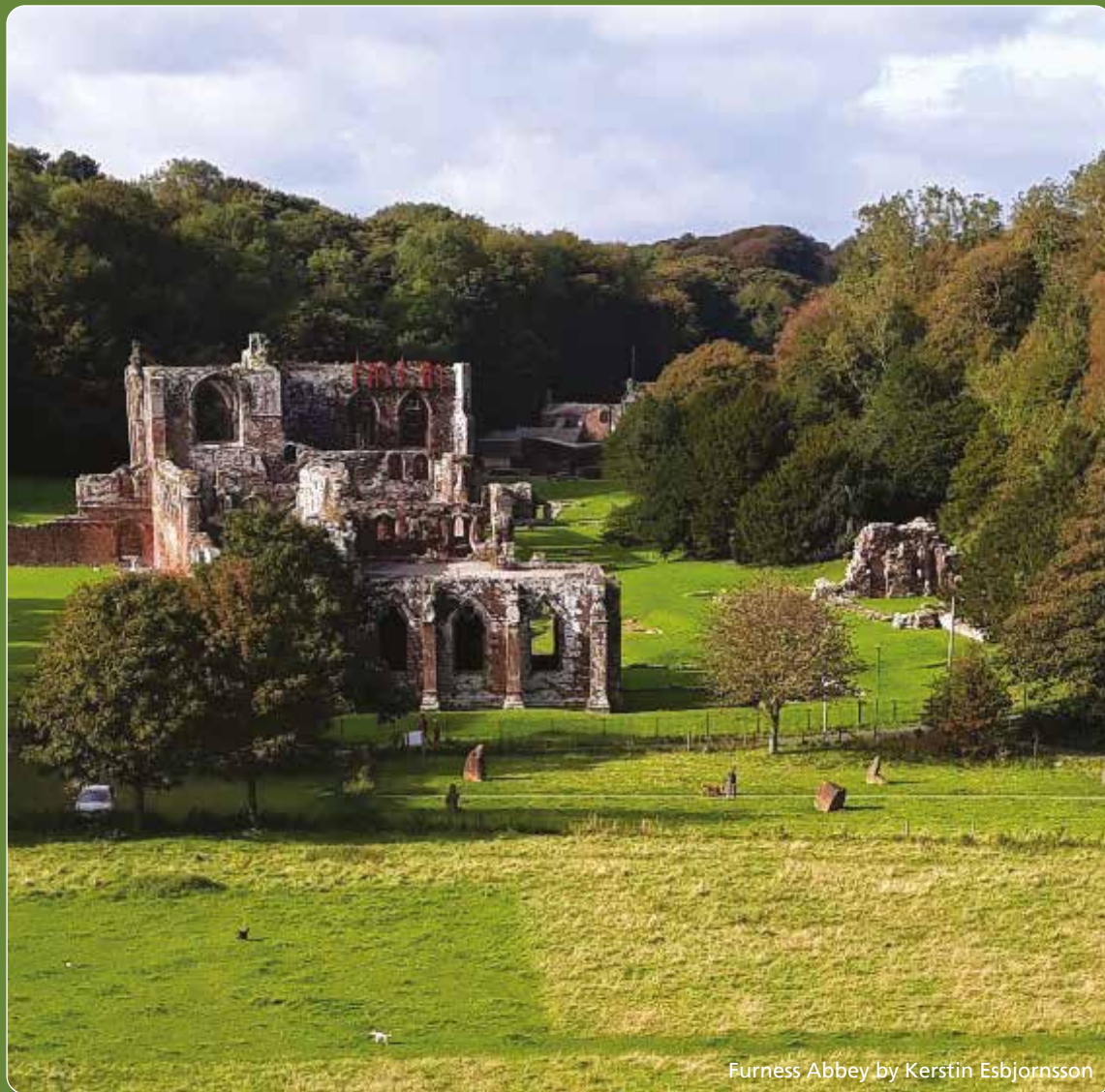
Terrain: Mainly level, off-road
path with a hilly mid-section

Refreshments: Café at
Furness Abbey and other cafés
in Dalton

Map: OS Explorer OL 6. 1:25000



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Furness Abbey by Kerstin Esbjornsson



October 2020

1 Thursday

2 Friday

3 Saturday

4 Sunday

5 Monday

6 Tuesday

7 Wednesday

8 Thursday

9 Friday

10 Saturday

11 Sunday

12 Monday

13 Tuesday

14 Wednesday

15 Thursday

16 Friday

17 Saturday

18 Sunday

19 Monday

20 Tuesday

21 Wednesday

22 Thursday

23 Friday

24 Saturday

25 Sunday

26 Monday

27 Tuesday

28 Wednesday

29 Thursday

30 Friday

31 Saturday

Walk

7

8 miles
(13km)
3 hours

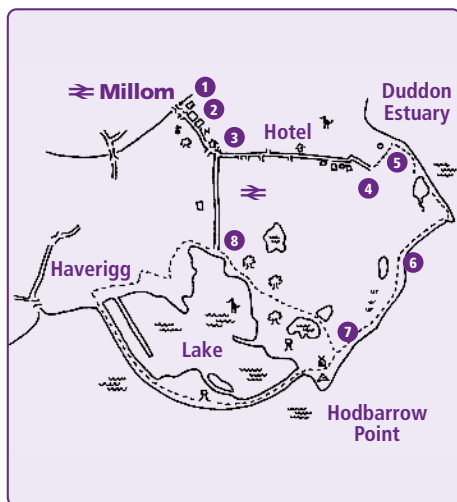
**Millom & Hodbarrow
Nature Reserve circular walk**

Station: Millom

Terrain: Mainly level, some
rough terrain

Refreshments: Trackside Café
– Millom Station

Map: OS Explorer OL6 1:25000



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Duddon Estuary by Kath Warbrick



November 2020

1 Sunday

2 Monday

3 Tuesday

4 Wednesday

5 Thursday

6 Friday

7 Saturday

8 Sunday

9 Monday

10 Tuesday

11 Wednesday

12 Thursday

13 Friday

14 Saturday

15 Sunday

16 Monday

17 Tuesday

18 Wednesday

19 Thursday

20 Friday

21 Saturday

22 Sunday

23 Monday

24 Tuesday

25 Wednesday

26 Thursday

27 Friday

28 Saturday

29 Sunday

30 Monday

Walk

5

3 miles
(5km)
1½ hours

Windermere – Orrest Head

Station: Windermere

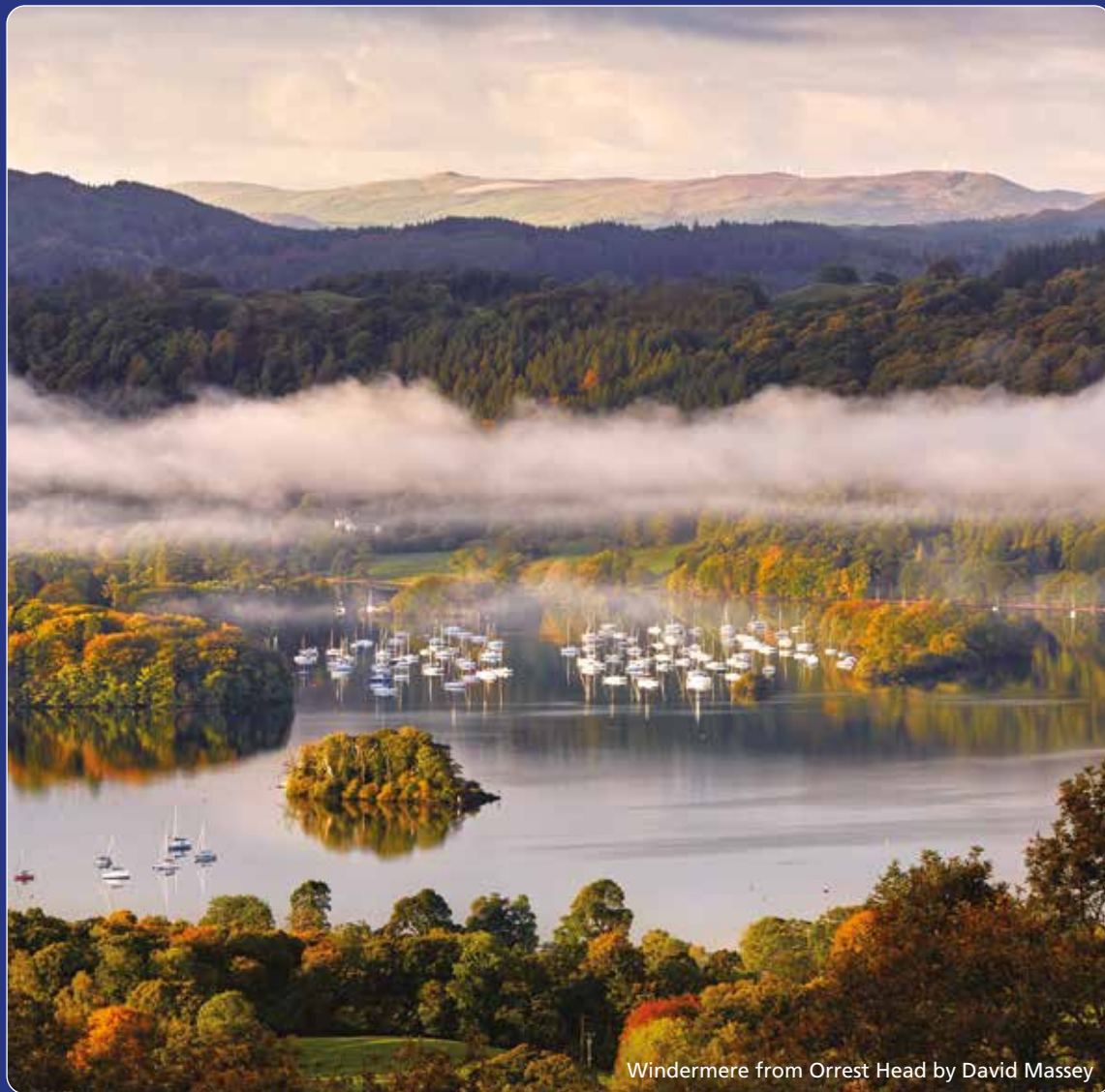
Terrain: Easy with
some small hills

Refreshments: Cafés,
fish & chip shops and pubs

Map: OS Explorer OL7 1:25000



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Windermere from Orrest Head by David Massey



December 2020

1 Tuesday

2 Wednesday

3 Thursday

4 Friday

5 Saturday

6 Sunday

7 Monday

8 Tuesday

9 Wednesday

10 Thursday

11 Friday

12 Saturday

13 Sunday

14 Monday

15 Tuesday

16 Wednesday

17 Thursday

18 Friday

19 Saturday

20 Sunday

21 Monday

22 Tuesday

23 Wednesday

24 Thursday

Christmas Eve

25 Friday

Christmas Day

26 Saturday

Boxing Day

27 Sunday

28 Monday

Bank Holiday

29 Tuesday

30 Wednesday

31 Thursday



January
Furness Line
Lorraine Heavyside



February
Cumbrian Coast Line
Sue Restan



March
Lakes Line
Claire Bradshaw



April
Furness Line
John Briggs



May
Cumbrian Coast Line
Claire Bradshaw



June
Lakes Line
Claire Bradshaw



July
Furness Line
Ian Bonnell Photography



August
Cumbrian Coast Line
Claire Bradshaw



September
Lakes Line
Paul Foster



October
Furness Line
Kerstin Esbjornsson



November
Cumbrian Coast Line
Kath Warbrick



December
Lakes Line
David Massey



Cover Photograph
Kath Warbrick

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